

Cooking Class:

Vegan everyday for family and friends

Sat 8th of Feb 11:00 – 14:00
in the Event Kitchen 4th floor LOEB
with Kremena Diatchka

CHF 60,- per person // Booking: www.loeb.ch/events

Curious about **vegan** cuisine but have no idea where to start? Inspired to try **regional, seasonal** cooking but not sure what to do with that weird root vegetable? Join us for an exploration and celebration of **simple sustainable food**.

- Classic comfort food: the simplest soup
- Quick Indian curry
- Vegan crepes
- Straightforward vegan baking
- Easy extras to brighten up any meal (sauces, dips, dressings)

Together, we will create a feast made up of **simple building blocks** that you can take home and adapt to suit any mood or occasion, whether it's a **quick weekday lunch** or a **dinner party for family** and friends. Finally, we will share tips and ideas for **reducing food waste** so that we leave with happy bellies, inspired minds and open hearts.

